

MEXICO
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WORK PROFILE MEXICO

2025-2026

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Letter to our future volunteers

DEAR ICYE VOLUNTEERS,


We are glad that you have decided to do your exchange program in Mexico! In this booklet, you will find a brief description of every social project available in Mexico for the exchange year 24/25.

We recommend you to read them carefully and then fill out the Priority List at the end of this document, so we can find you the project that best fits your interests and skills.

Furthermore, it is important that all volunteers coming to Mexico are aware of the following points:

- You can choose your interest areas and three different projects in which you would like to work. Please look at the National Profile too, so you are aware of the features of the location of the project. We will try to comply with your preferences but this will depend on the availability of projects and families in each region. If we cannot place you in your preferred project, we will try to offer you a similar one.
- Although all volunteers used to stay with Mexican host families and dorms at the project in the past, the situation has changed and more volunteers are living mainly with host families.

We are looking forward to meet you in Mexico.

Wishing you the best,
The SIIJUVE Family 
2025-2026





Cities and towns of projects



TO KNOW MORE ABOUT THE REGIONS, PLEASE SEE THE NATIONAL PROFILE.

SIIJUVE's projects are carefully selected and frequently monitored to assure the best experience for our volunteers. The projects are public, non-governmental, and religious institutions that work in one or some of the following areas:

street
children/adolescents,
orphan children,
children/adolescents with
difficult backgrounds,
animal welfare, ecology,
elders, community
development, education,
refugees, etc.

Our projects are located in the following cities and towns of Mexico:

- Tuxtla Gutiérrez, Chiapas
- San Cristóbal de las Casas, Chiapas
- Puebla City, Puebla
- Toluca, México State
- México City
- Querétaro City, Querétaro
- Guadalajara, Jalisco
- Ocotlan, Jalisco

We are frequently forming new alliances with projects in Mexico to fit the interest and abilities of our incoming volunteers and to enhance collaboration within Mexico's civil society.

In Mexico, we live a situation of economic inequality, low support from the government, among others. Strengthen collaborations is the key for the survival of social projects in the country so we are looking for new alliances all the time. If we place you in one of these new projects that might not appear yet in the Work Profile, we ask you to be open about it.





CHILDREN AND ADOLESCENTS WITH DIFFICULT BACKGROUNDS

There are more than three million children and adolescents living and working in the streets of Mexico. Projects like Juconi help these children to find a life outside the streets. It is not just about providing them a house, but to change their perspectives, teach them a profession, and make them feel secure, among others.

LOCATION Puebla, Puebla.

THEME OR AREAS OF PROJECT

Children / disadvantaged / street children / human rights/family

AIMS OF THE PROJECT

JUCONI seeks and provides personalized support to society's most vulnerable children and families trapped in toxic cycles of family violence and chronic poverty.

PROJECT'S ACTIVITIES

JUCONI works with 350 children and their families every year, through 3 programs:

- Program for children living on the streets, and their families.
- Program for children working in the streets, and their families.
- Program for children working in the markets, and their families.

JUCONI coordinates with parents, siblings, teachers, neighbors, employers, etc. in order to attain, and more importantly, sustain the transition of children, from exclusion to inclusion. The holistic approach assures permanent success in 4 key areas:

- Academic achievement: The project grants access to education.
- Positive social relationships: The project creates abilities to foster and maintain positive bonds with peers, neighbors, and authority figures.
- Economic opportunities (14 years and older): The project creates and promotes the abilities and values necessary to succeed in the formal workforce.
- Family: The project fosters positive, violence-free communication within families.

COMMUNITY CONTEXT

One of Mexico's greatest challenges is poverty; millions of children find themselves in an unacceptable situation without opportunities to develop healthily or access their rights.

Without society's support, children who grow up in these conditions can seldom break out of this vicious circle. Most likely, they will repeat the same patterns of violence as adults with their own families.

VOLUNTEER'S REQUIREMENTS: Volunteers require skills for working with children, such as patience, initiative, and energy. **Basic knowledge of Spanish is required.**

VOLUNTEER'S TASKS: The activities can include:

- Assisting the teachers during their lessons and workshops.
- Participate in activities organized for street children.
- Take care of children whose parents work all day.
- Take part in preparing things, (such as cookies etc.) This helps to raise money for the project.
- Visit families.
- Monitor programs.

NUMBER OF VOLUNTEERS IN PROJECT: 2

HOST SITUATION: Host family in the city of Puebla.

HOLIDAYS: According to the program

TIMETABLE: Monday to Friday. The schedule will be designated by the project.

LOCATION Mexico City.

THEME OR AREAS OF PROJECT

Children/youth / disadvantaged / street girls/art/education

AIMS OF THE PROJECT

The main objective of Yolia is to offer girls, which have lived in the streets and are at risk of exploitation and violence, education with a gender focus based on the preventive system of San Juan Bosco, which favors an integral development and impels them to be protagonists of their own stories.

PROJECT'S ACTIVITIES

Social Circus: The Social Circus is a pedagogical and social-artistic intervention tool that develops physical, artistic and social skills in children, young people, and families.

Mobile School: The Mobile School is a tool that helps strengthen and impact the self-esteem of children and young people living in on the streets or in vulnerable situations through positive and creative impulses.

Salesian House: The Salesian House is a space of encounters with children, adolescents, and young people from the peripheral colonies that look to form values and develop skills to prevent youth from getting involved in dangerous situations.

The activities offered are:

- Workshops: Dance, Music, Drawing, Crafts, Papyrus
- Sports activities: Football
- Children's Center: The Children's Center is an educational space that favors the development of habits, and psychomotor and cognitive skills of children from 1 to 6 years of age, who are children of young mothers in street situations and/or with low resources.
- Youth Residence: In the Youth Residence, we provide comprehensive care for street girls and adolescents who are unaccompanied migrants, through reinsertion and prevention strategies that promote harmonious development and community participation.
- Orphanage: We have a residential space that offers security and stability, which contributes to rebuilding the family structure, promoting harmonious development and projecting a dignified life option for girls.

COMMUNITY CONTEXT

- Girls from 0 to 21 years old located in dangerous zones of Mexico City.
- Street girls or girls that are in danger of living in the streets.

VOLUNTEER'S REQUIREMENTS:

- The volunteer must be educated
- Possess human values, believe and practice them.
- Responsible
- Sensitive
- Patient
- Willing to learn Spanish the fastest possible

VOLUNTEER'S TASKS:

- Pay attention and support the beneficiaries of the program
- Make visits at intervention spots with the mobile school and social circus.
- Motivate and include children in activities.
- Participate in games with children at intervention spots.
- Participation in the daily activities of the household (preparation of food, accompany girls to school, supervise activities, promote personal hygiene and clean spaces).

NUMBER OF VOLUNTEERS IN PROJECT: 1

HOST SITUATION: Host family in the city.

HOLIDAYS: According to the program

TIMETABLE: Monday to Friday, , from 10:00 a.m. to 6:00 p.m. (Support in institutional events is required some Saturdays, approximately 5 times per year).



LONGTERM
STePs

*"Niños y niñas descubriendo la
alegría por vivir"*

LOCATION Toluca State, Mexico.

THEME OR AREAS OF PROJECT

Children / disadvantaged / street girls/education

AIMS OF THE PROJECT

The aim of the project is to improve the living conditions of street children, by offering a warm place where they can sleep, and by giving them food and education.

PROJECT'S ACTIVITIES

- It helps youth and children to reintegrate into society, by giving them education and basic needs.
- Protect girls from the danger of living in the street, helping them to find a new and positive future.

COMMUNITY CONTEXT

The volunteer will be working with girls who have a difficult background.

VOLUNTEER'S REQUIREMENTS: Volunteers require skills for working with children, such as patience, initiative, and energy. **Basic knowledge of Spanish is required.**

VOLUNTEER'S TASKS:

- Interest in working with children
- Responsible and motivated to help others
- Computer skills
- Desirable: Basic level of Spanish and English

NUMBER OF VOLUNTEERS IN PROJECT: 1

HOST SITUATION: Host family in the city of Toluca.

HOLIDAYS: Depending on the volunteer's program

TIMETABLE: Monday to Friday from 9 am to 1 pm



LONGTERM
STePs

LOCATION Puebla, Puebla.

THEME OR AREAS OF PROJECT

Children / disadvantaged / education/nourishment

AIMS OF THE PROJECT

The main objective of “Comamos y Crezcamos” is to support families with low resources by improving the nourishment of their children. The project also looks to develop the academic and physical skills of children.

The secondary objectives of the organization are:

- Improve the nourishment of children attending kindergarten to elementary school.
- Increase school attendance through good nutrition.
- Encourage the habit of hygiene both in the preparation and consumption of food.
- Strengthen education with values and family involvement.
- Improve the quality of life and strengthen the knowledge, attitudes, and practices regarding children’s food, nutrition, and health.
- Encourage children to be interested in their education by providing artistic, cultural, and sports activities.
- Meet the needs of children in various villages of the State of Puebla.

PROJECT’S ACTIVITIES

- To feed children with low income
- To assist them with psychological consultancy
- To help them with their homework after the meal
- To provide them with several artistic and sportive activities.

COMMUNITY CONTEXT

Puebla is one of the five provinces with more poverty and marginalization in the country. Children tend to be the ones that suffer the most from the consequences of it. Especially, poor children under 5 years old suffer of malnutrition and low productivity at school.

The project is located in a poor neighborhood, “Nueva San Salvador”, besides the highway and big industrial parks. Its population is migrants from La Sierra Negra.

VOLUNTEER’S REQUIREMENTS:

- Able to take initiative
- Responsibility
- Independent
- Able to organize activities for children

VOLUNTEER’S TASKS:

- Serve lunch to the children
- Be a teacher’s assistant.
- Help to prepare the material for the class.
- Look after the children while playing

NUMBER OF VOLUNTEERS IN PROJECT: 1 to 2

HOST SITUATION: Host family in the city of Puebla.

HOLIDAYS: Depending on the volunteer’s program

TIMETABLE: Monday to Friday from 11 am to 5 pm



LONGTERM
STEPS

LOCATION Puebla, Puebla.

THEME OR AREAS OF PROJECT

Children / disadvantaged / education

AIMS OF THE PROJECT

Casa del Sol helps vulnerable children from 0 to 8 years old to develop their full potential and to find them a family. The project provides education and a house for homeless children.

PROJECT'S ACTIVITIES

The project offers a home for children and babies. It also looks for adoptive parents. Finally, they assure good education to their children, through an alliance with a near kindergartens and elementary schools.

COMMUNITY CONTEXT

The project is located in one of the richest parts of the city.

VOLUNTEER'S REQUIREMENTS:

- To be German
- Enjoy being with young children and/or babies
- Basic Spanish is desirable.
- To have patience with children and lots of energy.
- Age between 18 – 26 years old.
- Willing to work on the same activity for a long time (for example sorting socks for some hours.)

VOLUNTEER'S TASKS:

- Play with the children
- Accompany children in their therapies
- Make beds
- Clean children's toys
- Help the children to eat
- Help the children to change their clothes
- General tasks in the house: sorting clothes, helping to look after the babies, feeding, changing their nappy

NUMBER OF VOLUNTEERS IN PROJECT: 3

HOST SITUATION: Host family in the city.

HOLIDAYS: Depending on the volunteer's program

TIMETABLE: Monday to Friday. The schedule will be designated by the project.

LOCATION Toluca, Mexico State.

THEME OR AREAS OF PROJECT

Children/disadvantaged

AIMS OF THE PROJECT

To help children who are at risk of living on the streets or who are already homeless, providing them with protection, affection, and understanding. In addition, provide education and development strategies that shall contribute to the recovery of their self-respect and enhance their possibilities of having a good life during adulthood. The project also has other activities such as taking care of disabled people. When the volunteer arrives, he/she together with the project manager, will decide their area of work.

PROJECT'S ACTIVITIES

- DIF is a public institution that offers a real option for children who are at risk of living on the streets or who are already homeless.
- DIF provides a house for children to play, eat, do their homework, etc. Within DIF, there is a school where kids can attend.
- Homeless children have the opportunity to stay in the house, while DIF finds them a permanent home.

COMMUNITY CONTEXT

DIF is part of the local government. It works with the most vulnerable sectors of society. You will work with street children, children from poor families or children without parents.

VOLUNTEER'S REQUIREMENTS:

- Volunteers need to be tolerant and should have a lot of patience.
- Punctuality, positive attitude, motivation and initiative for activities with the children.
- Desirable: Basic level of Spanish.

VOLUNTEER'S TASKS:

- Provide language classes. (English - basic level)
- Teaching songs, games and intercultural activities in a different language
- To take care of children during their daily activities
- Provide computer lessons
- Play sports with children.
- You will work with children from 5 to 15 years old

NUMBER OF VOLUNTEERS IN PROJECT: 4

HOST SITUATION: Host family in the city of Toluca.

HOLIDAYS: According to the program, plus all the official holidays.

TIMETABLE: Monday to Friday. The schedule will be designated by the project.



FUNDACIÓN INTERNACIONAL
GRANITO DE ARENA A.C.

HAGAMOS CRECER UNA MONTAÑA DE AYUDA

LONGTERM

LOCATION Tuxtla Gutiérrez, Chiapas.

THEME OR AREAS OF PROJECT

Children / youth / elders / integral development / poverty and exploitation / sexual abuse

AIMS OF THE PROJECT

Granito de Arena is an international organization that looks to have a positive impact in the life of the most vulnerable (elders, children, and youth with difficult backgrounds).

The secondary objectives of the organization are:

- Provide basic needs and psychological support to the elders.
- Protect and provide psychological support to children and youth, victims of sexual abuse and/or work exploitation
- Create campaigns against children sexual abuse

PROJECT'S ACTIVITIES

- “CUIDA POR AMOR” (CARE FOR LOVE)

A campaign to raise awareness of children sexual abuse. The organization organizes chats with experts, conferences, movie screenings, and others. They also create and distribute informative material (flyers, etc.)

- “ADOPTA UN ABUELITO” (ADOPT A GRANDPARENT)

A support program for elders who are homeless or abandoned by their families. The organization provides material needs (food, wheelchairs, diapers for adults, etc.) and organizes events. The main objective is to provide love to the grandparents and treat them with respect and good intentions.

- DEJA TU HUELLA (LEAVE AN IMPRESSION)

A program to involve the local community in the organization's activities. The organization organizes donations, cleaning and reforestation campaigns, and also a yearly race to increase awareness about sexual abused children.

- CENTRO DE ATENCIÓN INTEGRAL PARA NIÑOS Y JÓVENES VIOLENTADOS SEXUALMENTE (SUPPORT CENTER FOR SEXUALLY ABUSED CHILDREN AND YOUTH)

A Center to support children and youth, from 3 to 25 years, who have been sexually abused. The center provides psychological support and different types of therapies for the patients.

COMMUNITY CONTEXT: The participants of the project are people with difficult backgrounds, so they can be hard to approach.

VOLUNTEER'S REQUIREMENTS:

- Patience
- Responsibility
- Ethical person
- Affectionate
- Discretion
- Seriousness

VOLUNTEER'S TASKS:

- Support in orphanages
- Support in nursery homes
- Help in the organization and implementation of fundraising events
- Participate in workshops about sexual abuse to learn, and later provide the same workshops in schools (together with an expert)
- Organize and provide several workshops for kids
- According to the profile and disponibilities, the volunteer will be able to support in administrative areas

NUMBER OF VOLUNTEERS IN PROJECT: 1 to 2

HOST SITUATION: Host family in the city of Tuxtla.

HOLIDAYS: Depending on the volunteer's program

TIMETABLE: Monday to Friday from 11 am to 5 pm

LOCATION Tuxtla Gutiérrez, Chiapas.

THEME OR AREAS OF PROJECT

Art / disadvantages / children / youth

AIMS OF THE PROJECT

The project aims to help children to develop their creativity and enhance values like self-esteem.

PROJECT'S ACTIVITIES:

The project runs different art workshops:

- Painting and drawing
- Engraving with linoleum
- "Papier Malite"
- Collage
- Performance, etc.
- The volunteers are free to create a new workshop.

COMMUNITY CONTEXT

The project works in poor communities in Tuxtla Gutierrez.

VOLUNTEER'S REQUIREMENTS:

- Volunteers should have a lot of imagination, initiative and like cultural activities such as painting, drawing, etc.
- The volunteer also need to have patience and energy to work with children.

VOLUNTEER'S TASKS:

- Help to organize and implement the workshops in diverse communities of the city.

NUMBER OF VOLUNTEERS IN PROJECT: 1 to 3

HOST SITUATION: Host family in the city of Tuxtla.

HOLIDAYS: According to the program.

TIMETABLE: Monday to Friday from 12pm to 8pm.



LONGTERM
STePs

CENTRO ASISTENCIAL DE DESARROLLO INFANTIL (CADI)

LOCATION Ocotlán, Jalisco.

THEME OR AREAS OF PROJECT

Children / education / human development / disadvantaged

AIMS OF THE PROJECT

CADI looks to protect and care for children, from 6 months to 6 years old, who are in vulnerable conditions. CADI also promotes a culture of prevention and responsibility for the families.

PROJECT'S ACTIVITIES

- Provide initial and preschool education to children
- Provide health care services, counselling, food, and shelter.
- Provide parental guidance
- Provide educational services to the children.
- Take care of children of working mothers
- Teach human values to kids

COMMUNITY CONTEXT:

- Children of single working parents, who are exposed to situations that endanger their physical and emotional being.
- Most of the children come from dysfunctional and poor families.

VOLUNTEER'S REQUIREMENTS:

- Responsible
- Respectful
- Interest in working with children
- Patience and energy
- Preference: basic level of Spanish

VOLUNTEER'S TASKS:

- Support with sports lessons
- Play with children
- Support in cooking
- Assist the teachers
- Check that children's belongings (clothes, shoes, etc.) are clean, complete, etc.

NUMBER OF VOLUNTEERS IN PROJECT: 3

HOST SITUATION: Host family in the city.

HOLIDAYS: Depending on the volunteer's program

TIMETABLE: Monday to Friday. The schedule will be designated by the project.



LONGTERM

LOCATION Guadalajara, Jalisco.

THEME OR AREAS OF PROJECT

Children/youth / integral development / education /emotional support

AIMS OF THE PROJECT

The project's goal is to contribute to the integral development of children and adolescents in vulnerable situations (psychological and learning problems), in order to promote their personal and social growth.

PROJECT'S ACTIVITIES

We are divided into two areas:

- Children Development Center(CENDI): it supports children and adolescents to complete their primary and secondary education, through a comprehensive training and support strategy (School breakfast, ethics classes, sports lessons, nutritional monitoring, psychological support, and flag ceremonies).
- Family Development Center (CEDEF): it gives psychological support to children with learning disabilities and/or negative conducts. It also provides family activities to build healthier and harmonious relationships.

COMMUNITY CONTEXT

Most children and adolescents participating in the project have malnutrition and lack of emotional support.

VOLUNTEER'S REQUIREMENTS:

- Basic English
- Proactive
- Empathetic and sensible to other's people situations
- Patience and responsibility
- Teamwork
- That they like working with children and adolescents.

VOLUNTEER'S TASKS:

- Support in daily tasks
- Help in the organization and implementation of workshops

NUMBER OF VOLUNTEERS IN PROJECT: 5

HOST SITUATION: The volunteer will live in the project or Host Family in the city of Guadalajara.

HOLIDAYS: According to the program.

TIMETABLE: Monday to Friday. The schedule will be designated by the project.



Albergue Infantil Los Pinos A.C.

LONGTERM

LOCATION Zapopan, Guadalajara, Jalisco.

THEME OR AREAS OF PROJECT

Children / youth / integral development

AIMS OF THE PROJECT

Albergue Infantil los Pinos AC. was founded in 1987 in order to support children in vulnerable situations and extreme poverty, by providing them with the tools to become good citizens, self-sufficient humans and promoters of a better society.

Children and adolescents come to our Albergue from difficult backgrounds (lack of love, malnutrition, and depression/fears caused by psychological and sometimes physical abuse).

The project has two houses:

- House of Children: Serving 70 children from 4 to 12 years old
- Youth House: Serving 30 minors between 13 and 18 years old.

The project acts as a home for children who for whatever reason have none.

PROJECT'S ACTIVITIES: Albergue Los Pinos fundamental tasks are:

- Help the children to solve emotional problems through therapy.
- Help children to regain their self-confidence and love for others.
- Provide them with the necessary tools for necessary social integration.
- Provide professional support to the children, youth and their families.

COMMUNITY CONTEXT:

The volunteer will be surrounded by children and adolescents with physical, social, cultural and emotional damage. The majority have learning disabilities, and health, nutrition, and hygiene problems. The beneficiaries of the program come from violent and poor colonies.

VOLUNTEER'S REQUIREMENTS:

- Be patient with children and adolescents.
- Tolerance towards frustration
- Empathy and sensitivity to other people's situation
- Teamwork and responsibility
- Good presentation.
- Fast learner and capable of understanding and following the educator's decisions to deal with the kids
- Interest in fieldwork
- Proactive
- Punctuality

VOLUNTEER'S TASKS: The volunteer will support in different areas:

- Support in teaching tasks
- Support in recreational activities
- Accompany the beneficiaries of the program
- Monitor data records.
- Promotion of ecology and cultural activities.
- Support in administrative tasks
- Support in the coordination of the program.

NUMBER OF VOLUNTEERS IN PROJECT: 3

HOST SITUATION: Host family in the city.

HOLIDAYS: Depending on the volunteer's program

TIMETABLE: Monday to Friday. The schedule will be designated by the project.



LOCATION Mexico City.

THEME OR AREAS OF PROJECT: Street children / children / youth / education / integral development / disadvantaged

AIMS OF THE PROJECT

“Pro Niños de la Calle“ aims to understand and assist children and teenagers living in the streets. “Pro niños” guides street children in a three steps process which allows the children to choose a different way of living. The process helps the children realize that they can decide on their own and that the streets are no longer the place in which they want to live.

PROJECT’S ACTIVITIES: The organization offers an alternative way of living (safe housing and education) to street children. Also, they stimulate the physical, emotional, intellectual and creative development of the children. There are four areas of work:

- **Street Work:** The Educators and volunteers work directly in the streets, in order to make contact with street children and gain their trust. The main objective is to convince children to attend the Day Center. The educators use technics based on games.
- **Day Center:** The aim of the Day Center is that children decide by themselves to leave the streets. In the Day Center, educators and volunteers perform different activities in order to encourage new habits on the children; help them to discover new skills; and finally, so the children can compare their new lives with the ones in the street. At the Day Center children are provided with food, leisure activities, education, and medical support.
- **Life Option:** Once the children decide to leave the streets, the project helps them either to go back to their families (if it is possible and there are adequate conditions) or to live in a residential project for street children. Fundación Pro Niños de la Calle also supports them to start with a new independent life.
- **Transition house:** It is a house where older boys stay before becoming independent and leave the project facilities. In this house, they are prepared for their future.

COMMUNITY CONTEXT: Fundación Pro Niños de la Calle I.A.P. is a Non Governmental Institution located in Mexico city. Mexico City is one of the world most populated cities. It is also the City with more museums in the world and it is full of events, restaurants, and activities to do. Nevertheless, Mexico City also has several social problems, and one of them is the high number of street children. Some of these children have been abandoned and others prefer to leave their families because they are abuse by them.

VOLUNTEER’S REQUIREMENTS:

- Interest in social issues, such as children living in the street,
- Deep social conscience
- Passion in working with children (play and talk to them)
- Creativity and proactivity
- Teamwork
- High tolerance to frustration
- The volunteer should be interested in “Pro Niños“ mission and show commitment to his/her job.
 - the volunteer must speak basic Spanish (he/she must be able to understand and speak at a basic level)

VOLUNTEER’S TASKS: Volunteers in “Pro Niños“ work directly with the children. Volunteers work in the different areas of the project:

- **Street work** is done in pairs, usually one educator and one volunteer. The volunteer and educator pick up children in the street and takes them to the Day Center. In the Day Center, the volunteer plays and takes care of the children. At the end of the day, the volunteer and educator take the children to shelters.
- In the **Day Center**, volunteers help educators in diverse activities. One of the most important tasks of the volunteers is to keep all the material in order and ready for the activities. Children consider volunteers as educators; and therefore, it is very important for the volunteer to show empathy and support. The volunteer also needs to watch out children very closely in order to identify the attitudes of the children. Other activities are: play with the children, teach them new skills, and others.
- At **Life Option and Transition House**, volunteers support the staff and children with daily activities, and with the process of integrating the youngsters into society.

NUMBER OF VOLUNTEERS IN PROJECT: 2

HOST SITUATION: In the project with other volunteers from different parts of the world, or in a host family

HOLIDAYS: According to your program and project.

TIMETABLE: Monday to Friday, according to the area of work.



LOCATION Tuxtla Gutiérrez, Chiapas.

THEME OR AREAS OF PROJECT

Children / disadvantaged / disabled

AIMS OF THE PROJECT

Aldea S.O.S. is an international NGO that has been working since 1949. It looks to provide children with basic necessities and protect their human rights.

This project gives a permanent home and a healthy environment for children. It helps them to build their own future and to be involved in the development of their communities.

PROJECT'S ACTIVITIES

- Aldea SOS provides a family structure for children. Each kid lives in a house with an “SOS Mother”, and plays in the village with other children, as brothers and sisters do.
- The project also provides physical and psychological rehabilitation through different kinds of therapy.
- Finally, Aldeas SOS helps the community through social centers, kindergartens, clinics, training centers and schools for the general public.

COMMUNITY CONTEXT

Abandoned and disabled children who have lost their parents or who are no longer able to live with them.

VOLUNTEER'S REQUIREMENTS:

- Only female.
- Intermediate level of Spanish
- Interest in working with children and youngsters with disabilities
- Enthusiasm and willingness to help others
- Patience and sensibility

VOLUNTEER'S TASKS:

- Assist teachers in academic tasks
- Assist teachers during physical rehabilitation
- Assist in sports lessons for children with or without disabilities.
- General support in the village

NUMBER OF VOLUNTEERS IN PROJECT: 2

HOST SITUATION: Host family in Tuxtla Gutiérrez, Chiapas.

HOLIDAYS: According to the program.

TIMETABLE: From Tuesday to Saturday, from 9 a.m. to 3 p.m.

ENVIRONMENT (ANIMALS & VEGETATION)



Protecting and taking care of the environment is at the top of the international development agenda. Mexico is home to a vast variety of vegetation and animals. While indigenous communities still understand the dependency of humans on nature, modern citizens have forgotten how to interact with it. Projects like the ones below tries to reconnect people with nature once more.



LONGTERM
STePs

LOCATION San Andrés Cholula, Puebla, México.

THEME OR AREAS OF PROJECT

Community/ecology/development/garden

AIMS OF THE PROJECT

The Ethno-botanical garden shares knowledge with visitors about the importance of the environment. The project acknowledges the garden as a community project. A community project that learns and gains new experiences through contact with the natural environment.

The project emphasizes on:

- Show the community the importance of plants, not only for their natural value but also for their use and pleasure they provide to humanity.
- Encourage visitors to create living spaces in their homes, jobs, and schools.
- Community awareness of the need for their involvement in the conservation of our natural resources.
- Become a research and conservation center.

PROJECT'S ACTIVITIES

The garden project is divided into 5 areas:

- **PLANTS:** The project creates plant collections according to types of vegetation.
- **INSECTS:** The project creates collections according to the insects and vegetation in the garden.
- **BIRDS:** Creates awareness of different types of birds and the importance of protecting them. In order to do so, the project uses an interactive catalog of birds, observation tours and educational workshops.
- **EDUCATION:** This area focuses on various activities: Guided Tours in the garden; Workshops about plants, insects, and birds; a Summer school for children; Volunteering, etc.
- **COMMUNICATION:** events with the community, use of social media, etc.

COMMUNITY CONTEXT

The city of Cholula is part of Puebla City's metropolitan area. There are about 118,170 inhabitants.

VOLUNTEER'S REQUIREMENTS:

- Real commitment to the project
- Responsibility
- Punctuality
- Availability.

VOLUNTEER'S TASKS:

- The volunteers will participate in all the areas of the project.
- The specific tasks are:
 - -Help in gardening activities
 - -Help in the bookstore, like making index cards.
 - -Collect information on the plants (inventory).
 - -Welcome visitors: give a short introduction to the garden.
 - -Guided tours in the garden
 - -Office support: - collect and organize data in word and excel
 - -Cooperate and attend different events organized by the project
 - -Assist during the workshops for children

NUMBER OF VOLUNTEERS IN PROJECT: 1

HOST SITUATION: Host family in the City.

HOLIDAYS: According to the program.

TIMETABLE: Wednesday to Saturday from 9:00 to 14:00 hrs.



LONGTERM
STePs

LOCATION San Cristóbal de las Casas, Chiapas.

THEME OR AREAS OF PROJECT

Animal welfare

AIMS OF THE PROJECT

Create societies where animal rights are respected by authorities and citizens alike.
Assure the welfare of all animals.

PROJECT'S ACTIVITIES

- Promote and defend the rights of the animals in the state of Chiapas Rescue animals living in the streets, take care of them, and find them loving families.
- Create awareness and education campaigns to teach citizens about animal rights and good practices in caring for pets.
- Encourage responsible adoption.

COMMUNITY CONTEXT

In San Cristobal de las Casas, there is a law in favor of animal welfare. Nevertheless, there is still a big gap between the implementation of the law.

VOLUNTEER'S REQUIREMENTS:

- Willingness to work with dogs and cats
- Willingness to camp at least twice a week until a cabin is built. The volunteer will be living some time in town with a host family.
- Love for animals and nature
- Creativity to work with social networks and other marketing materials
- Outspoken (the volunteer will have to talk with people about animal rights, etc.)

VOLUNTEER'S TASKS:

- Clean the temporary home for street animals
- Feed the animals (mostly dogs and cats)
- Walk the animals
- Work with social networks
- Help in the construction of a cabin etc.
- Help in adoption campaigns (take pictures of animals, do flyers, go to schools, etc.)

NUMBER OF VOLUNTEERS IN PROJECT: 1-2

HOST SITUATION: Host family and camping at least twice a week

HOLIDAYS: According to the program.

TIMETABLE: According to the activities.



Good quality education is a given in many developed countries. In Mexico, it is a luxury. By volunteering in low-resource schools, you provide children and youth with an international experience that they wouldn't otherwise have.



LOCATION Puebla,Puebla.

THEME OR AREAS OF PROJECT

Children/disadvantaged / education

AIMS OF THE PROJECT

“Guardería Infantil Caritas” is a nursery and school for children whose parents work all day and don’t have enough economic resources to pay for a private school or nursery. The age of children can be between 5 months to 6 years old.

PROJECT’S ACTIVITIES

This project takes care of children for 6 hours every day. During this period of time, the children receive food and basic education, play games, and others.

COMMUNITY CONTEXT

The project is a private association located in the center of the city of Puebla.

VOLUNTEER’S REQUIREMENTS:

- Volunteers need to have an interest in working with small children and babies.
- Volunteers are also required to be patient.

VOLUNTEER’S TASKS:

- Take care of the babies (feed them, change their dippers, etc.).
- Assist teachers
- Play with the children, help them with their homework, feed them and look after them.

NUMBER OF VOLUNTEERS IN PROJECT: 1

HOST SITUATION: Host family in the city.

HOLIDAYS: According to the program

TIMETABLE: Monday to Friday, from 9:00 a.m. to 2:00 p.m.

JARDIN DE NIÑOS JOAQUÍN FIGUEROA

LOCATION Ocotlán, Jalisco.

THEME OR AREAS OF PROJECT

Children / education / disadvantaged

AIMS OF THE PROJECT

Kinder garden “Joaquin Figueroa” is a public institution, which focuses on providing the best education at the preschool level, so children can develop life-lasting skills and gain a global vision.

Other objectives are:

- Provide them with opportunities and skills for their development.
- Increase their multi-cultural learning
- Develop language skills
- Provide free education to children with low economic resources.

PROJECT’S ACTIVITIES

In the project, children receive care and education according to their age. The regular activities are:

- Handcrafts
- Exercise
- Games
- Learning and integration activities
- The Jardín de Niños Joaquín Figueroa also gives talks and workshops for the families.

COMMUNITY CONTEXT

Most of the children who attend this kindergarten come from dysfunctional and poor families. Moreover, as a public institution, the kindergarten lacks resources for its activities. Therefore, the volunteer might be able to see a different reality from his/her country.

VOLUNTEER’S REQUIREMENTS:

- Interest in working with children
- Responsible and motivated to help others
- Patient
- Punctual
- Willing to help
- Openness and flexibility
- Knowledge of the English language
- Management skills

VOLUNTEER’S TASKS:

- Assist the teachers in daily activities, like check the homework.
- Support during sports lessons
- Develop workshops (art, music, sports, etc.) for children.
- Support during English and computer lessons.
- Interact with the children and offer them his/her support in their daily tasks.

NUMBER OF VOLUNTEERS IN PROJECT: 3

HOST SITUATION: Host family in the city.

HOLIDAYS: According to your program.

TIMETABLE: Monday to Friday, from 9:00 to 12:00pm.



LONGTERM
STePs

CENTRO DE CAPACITACIÓN PARA EL TRABAJO INDUSTRIAL NO. 120 (CECATI)

LOCATION Ocotlán, Jalisco.

THEME OR AREAS OF PROJECT
Education / youth

AIMS OF THE PROJECT

CECATI is a public institution, which offers high quality education, so Mexican youth can gain the necessary skills to enter the job force and have a better future.

PROJECT'S ACTIVITIES

CECATI teaches 8 specialties: English, informatics, cosmetology, furniture design, welding, electrical studies, industrial clothes manufacture, and personal welfare.

COMMUNITY CONTEXT

Classrooms consist of 15 years old students interested in learning English, so they can have better job opportunities in the future.

VOLUNTEER'S REQUIREMENTS:

- Know English language
- Desire for sharing their knowledge and culture
- Availability
- Interest in working with teenagers

VOLUNTEER'S TASKS:

- The volunteer will help students to practice English by speaking with them.
- Teach student English

NUMBER OF VOLUNTEERS IN PROJECT: 1 to 2

HOST SITUATION: Host family in the city.

HOLIDAYS: According to your program.

TIMETABLE: Monday to Friday from 09:00am - 13:00pm and from 16:00pm - 18:00pm.



LONGTERM
STEPS

LOCATION Ocotlán, Jalisco.

THEME OR AREAS OF PROJECT

Youth / education / disadvantaged

AIMS OF THE PROJECT

C.B.T.I.S. is a public institution that provides quality education in order to further the skills and knowledge of young Mexicans.

PROJECT'S ACTIVITIES

- Provide high school education
- Provide technical skills (mechanics, sewing, etc.)
- Provide extracurricular activities, such as football, theater, music lessons, etc.

COMMUNITY CONTEXT

Students, from 16 to 19 years old, attending the school come from different social backgrounds.

VOLUNTEER'S REQUIREMENTS:

- Interest in working with young people.
- Be able to manage and coordinate groups.
- Responsible.
- Punctuality

VOLUNTEER'S TASKS:

- Help to teach English
- Depending on the volunteer, help in other areas (mechanics, sports lessons, etc.)

NUMBER OF VOLUNTEERS IN PROJECT: 1

HOST SITUATION: Host family in the city.

HOLIDAYS: Depending on the program.

TIMETABLE: Monday to Friday. The schedule will be designated by the project.

PEOPLE WITH DIFFERENT ABILITIES

People with different abilities can do everything, just in a different way that we are used to. The problem is when society, infrastructure, etc. is not ready to adapt. Projects working with people with different abilities look to enhance people's skills to adapt to a world that is not always design with them in mind.



LONGTERM

Vemos con el Corazón I.Q.P.

LOCATION Toluca, Estado de México.

THEME OR AREAS OF PROJECT

Disabled people/education/children/youth / elderly /disadvantaged

AIMS OF THE PROJECT

The aims of Vemos con el Corazon are:

- Help to develop independent and productive citizens, through the customized curriculum to educate people with visual impairments, and by awakening in them the need to set goals and create new expectations.
- Contribute to the educational, employment and social inclusion of people with visual disabilities.
- Raise awareness about the current problems of people with visual disabilities.

PROJECT'S ACTIVITIES

- Give workshops to visually impaired people with limited economic resources. The workshops offered are the following: oratory, theater, computing, cooking, crafts, singing, music, braille, yoga, photography, etc.
- Accompany students in different events outside the institution.
- Help to organize fundraising events, such as the Athletic Race and Dinner in the Dark.
- Help to promote the organization, through student events.

COMMUNITY CONTEXT

The project is in Toluca, a big city located very near Mexico City. The population served are children from 0 months to elders who have a visual disability.

VOLUNTEER'S REQUIREMENTS:

- Patience and tolerance
- Empathy, Creativity, Flexibility
- Willing to work with people with visual impairment.

VOLUNTEER'S TASKS:

- Support teachers in the workshops offered by the institution.
- Watch out for children and youth when entering and leaving school, and at lunchtime.
- Support the various activities and events of the institution, such as Christmas, civic ceremonies, visits to museums, fundraising events, etc.
- Support in marketing and promotion activities.

NUMBER OF VOLUNTEERS IN PROJECT: 2

HOST SITUATION: Host family in the city.

HOLIDAYS: Depending on the program.

TIMETABLE: Monday to Friday, from 9:00am to 3:00pm.



LONGTERM

LOCATION Tuxtla Gutiérrez, Chiapas.

THEME OR AREAS OF PROJECT

Children / disabled / youth / disadvantaged / education

AIMS OF THE PROJECT

Pro Down looks to improve the quality of life of children with Down Syndrome through education

PROJECT'S ACTIVITIES

- Take care of children and young people with Down's Syndrome
- Provides them with education
- Improve relations between the child and the family
- Help children in their daily activities

COMMUNITY CONTEXT

- Pro Down is an association created by the parents of children with Down Syndrome.
- Some of the families attending the project have scarce resources.
- The project offers grants to children of these families.

VOLUNTEER'S REQUIREMENTS:

- The volunteers must have a passion for children and education.
- The volunteer must be patient, tolerant and flexible with children.

VOLUNTEER'S TASKS:

- Provide general support to teachers, psychologists, therapists and all staff in the school.
- Help feeding of the children
- Supervise children during game time.

NUMBER OF VOLUNTEERS IN PROJECT: 1 to 2

HOST SITUATION: Host family in the city.

HOLIDAYS: According to your program.

TIMETABLE: The schedule will be designated by the project.



LOCATION Puebla, Puebla.

THEME OR AREAS OF PROJECT

Health / disadvantaged / children/youth/adults/disabled

AIMS OF THE PROJECT

The main objective of CIPAAC is to integrate people with mental incapacity into society

PROJECT'S ACTIVITIES

CIPAAC's main activity is to provide training and workshops to its participant's computer, music, painting, bakery, and dancing.

COMMUNITY CONTEXT

CIPAAC is located in the west of the city, near San Andres de Cholula.

The people with whom you will be working come from mainly low resources families. They have difficulty finding a job and integrating into society as independent citizens due to a lack of proper education and opportunities.

VOLUNTEER'S REQUIREMENTS:

- Basic level of Spanish.
- Volunteers should be patient and have the commitment to care for people.
- The volunteer shall accept and respect the students.

VOLUNTEER'S TASKS:

- Assist teachers
- Provide computer and sport lessons
- Take care of the beneficiaries.
- Help in the bakery workshop and the greenhouse
- The volunteer can create a workshop

NUMBER OF VOLUNTEERS IN PROJECT: 1

HOST SITUATION: Host family in the city.

HOLIDAYS: Depending on the program.

TIMETABLE: Monday to Friday, from 9:00am to 2:00pm.



LONGTERM

LOCATION Querétaro

THEME OR AREAS OF PROJECT:

Disadvantaged / disabled people / children / adult / youth

AIMS OF THE PROJECT: APAC serves poor people with cerebral palsy, from birth to adulthood, by providing education services and comprehensive rehabilitation. Secondary objectives are:

- Provide individualized education to our students looking to achieve their maximum development in an environment that promotes self-esteem, and encourages socialization with peers.
- Achieve the maximum possible rehabilitation of our patients through early detection and design of customized physical and psychological rehabilitation programs.
- Provide special training and necessary tools so they can get a job and achieve self-sufficiency, independence, and social inclusion.
- Create awareness of the needs of people with cerebral palsy through advice, training, and participation in human rights organizations.

PROJECT'S ACTIVITIES: APAC I.A.P. provides comprehensive rehabilitation (biological, psychological and social) for people with cerebral palsy, from childhood to adulthood. In order to achieve the former, the project works as a center of rehabilitation, with different areas of services:

- Educational services:
 - Provide schooling from pre-school to high school to our participants.
 - Provide non-formal education for young people through different recreational workshops and training.
- Rehabilitation services (physical therapy, occupational therapy, hydrotherapy, and communication):
 - The project has an early intervention service for high-risk babies. This is a preventive program where they teach the parents how to monitor their baby and encourage his/her development.
 - Provide individualized and customized attention to each one of their students.
 - Provide food to participants. The food is prepared and brought to the center by their parents. The project team supports students that, because of their level of disability, cannot feed themselves independently.
- The Psychology Department provides family caregiving courses, talks on specific topics and group/individual therapy. We also provide individual therapy to students who request it. The project detects that they require this service.

COMMUNITY CONTEXT: Most of the families that attend APAC are poor people. Students are divided into 3 educational centers according to their age and/or skills:

- Early Learning, Preschool & Elementary: This group consists of infants from 18 months to 3 years old who come with their parents twice a week.
- Middle and High School
 - Groups organized according to the Secretary of Public Education (SEP) criteria (by age).
 - Groups organized according to the National Institute of Adult Education (INEA) criteria (by interests and cognitive abilities)
- Education and Social Integration Centre: Form by young people that cannot or do not want to continue with formal schooling. The project provides workshops and training.

VOLUNTEER'S REQUIREMENTS:

- Responsibility and altruism
- Interest in working with people with disabilities
- Teamwork
- Responsibility
- Respect for Human Diversity
- Punctuality

VOLUNTEER'S TASKS:

- Support in the educational or rehabilitation area according to his/her studies.
- Support students in activities that require a physical or academic effort.
- Support students that cannot feed themselves
- Support students in their therapies

NUMBER OF VOLUNTEERS IN PROJECT: 3

HOST SITUATION: Host family in the city.

HOLIDAYS: According on the program.

TIMETABLE: Monday to Friday. The schedule will be designated by the project.



A growing elderly population brings questions such as are we doing enough to ensure the elderly have a good quality of life and how can we financially sustain them in society. One recurrent problem is the isolation of the elderly in modern societies. After they retire and are without family, a lot of elders fall into extreme poverty situations and/or loneliness. The projects mentioned below help elders to build their self-esteem and increase their quality of life.

LOCATION

Puebla, Puebla.

THEME OR AREAS OF PROJECT

Elders / disadvantaged

AIMS OF THE PROJECT

Asilo Caritas is a nursing home that takes care of old people who are homeless, don't have enough economic resources to pay for a private asylum or have been abandoned by their families. The age of the elders is between 60 to 90 years old.

PROJECT'S ACTIVITIES

This project takes care of around 70 elders 24/7. Elders receive all the care they need for their age: food, accommodation and a variety of recreational activities.

COMMUNITY CONTEXT

The project is near downtown Puebla. The neighborhood is surrounded by several schools and therefore, it is a very busy area during the day.

VOLUNTEER'S REQUIREMENTS

They need to have the interest, patience and willingness to work with adults and elders.

VOLUNTEER'S TASKS

- To take care of elders (help to bring them food, take them in wheelchairs, etc.)
- Accompany the elders.
- Talk and play with them.
- Propose dynamic games or activities.

NUMBER OF VOLUNTEERS IN PROJECT: 2

HOST SITUATION: Host family in the city of Puebla

HOLIDAYS: Depending on the program

TIMETABLE: Monday to Friday 09:00-14:00



LONGTERM

CASA DÍA/ COMEDOR DE ADULTOS

LOCATION

Ocotlán, Jalisco

THEME OR AREAS OF PROJECT

Elders / disadvantaged

AIMS OF THE PROJECT

Provide a meaningful life for the elderly.

PROJECT'S ACTIVITIES

- Daily routines:
 - Medical consultation
 - Activities such as music workshops, dance, yoga, and crafts.
 - Physical therapy
 - Groups of social communication
- Adult Dining:
 - Prepare food for the elderly to serve on-site or to be taken home.
 - Distribute food, breakfast, and lunch to homes of single people, who have no family.
 - Help with cleaning dishes etc. in the dining room.
 -

COMMUNITY CONTEXT

Elders who are homeless or abandoned.

VOLUNTEER'S REQUIREMENTS

- Interest in working with elders
- Be able to work under pressure
- Availability
- Patience
- Kindness
- Charisma
-

VOLUNTEER'S TASKS

- Daily routines: Monitor the elders, participate in workshops and take initiative (give suggestions to improve the project.)
- Dining: Help to serve the food, Assist in the kitchen, Help in cleaning up.

NUMBER OF VOLUNTEERS IN THE PROJECT: 4

HOST SITUATION: Host family

HOLIDAYS: According to program

TIMETABLE: Monday to Friday. The schedule will be designated by the project.

The top of the page features a decorative header. It consists of a central blue rounded rectangle containing the word "REFUGEES" in white, bold, uppercase letters. On either side of this rectangle, there are green line-art illustrations of people walking. Each person is connected to a location pin icon by a dashed line, suggesting a journey or migration. The entire header is set against a white background.

REFUGEES

Every year hundreds of refugees from the Caribbean and Central America cross Mexico to arrive in the USA. Refugees flee their countries due to poverty and violence. Their illegal status puts them in a fragile situation in Mexico. They not just have to cross Mexico in a precarious way, but they also have to face discrimination at the hands of society and governmental institutions.



LONGTERM

LOCATION

Mexico City

THEME OR AREAS OF PROJECT

Refugees / human rights

AIMS OF THE PROJECT

Casa Tochan's aim is to assure the respect of human rights of male refugees, elders, or gay in transit through Mexico City.

PROJECT'S ACTIVITIES

Casa Tochan provides the following services to refugees:

- Professional advice to regularize their legal status in the country. Either so they can stay or keep moving to the USA.
- Medical and psychological services
- Food, clothing and home.

Moreover, Casa Tochan collects information about refugees' profiles. In togetherness with other NGOs, Casa Tochan produces statistical information about refugees' situation in Mexico to better understand their needs.

COMMUNITY CONTEXT

Refugees in Mexico are in a vulnerable situation because violence and poverty in their countries forced them to cross Mexico precariously. Their fragile situation worsens due to discriminatory practices by society and governmental institutions in Mexico. Due to the limited space in Casa Tochan, they only receive male refugees who are either elder or gay.

VOLUNTEER'S REQUIREMENTS

- The volunteer must be educated
- Possess human values, believe and practice them.
- Responsible
- Sensitive
- Patient
- Willing to learn Spanish the fastest possible
- STeP's only for 3 or 4 months

VOLUNTEER'S TASKS

- Sensitive and empathic towards refugees.
- Open minded to share time with people with a different culture and social status.
- Casa Tochan appreciates if the volunteer has skills to share with refugees (sports, art, language, etc.)

NUMBER OF VOLUNTEERS IN PROJECT:1

HOST SITUATION: Host family

HOLIDAYS: According to the program

TIMETABLE: The schedule will be designated by the project.

SIJUVE - PRIORITY LIST 24/25



PLEASE FILL THIS FORM

Please print and fill in this form in English or Spanish and indicate your interests and project preferences by numbering the alternatives (1 as your first choice, 2 as your second and so on). SIJUVE will place you in a project that matches your interest and skills, but we cannot guarantee that you will be placed in your chosen project.

Areas of interest:

- ____ Street Children
- ____ Children with difficult family backgrounds
- ____ Orphans
- ____ Art
- ____ Elders
- ____ Disabled people
- ____ Environmental projects
- ____ Education
- ____ Community Development
- ____ Animals
- ____ Culture
- ____ Refugees

Volunteers skills and interests:

- ____ Experience working with children
- ____ Experience working with disabled people
- ____ Experience working with elderly people
- ____ Experience in ecological work
- ____ Sports
- ____ Manual skills
- ____ Computers
- ____ Theatre
- ____ Music, arts
- ____ Teaching

Please list the three projects you would like to work in and explain why:

1. -----

Reason:

2. -----

Reason:

3. -----

Reason:

Please feel free to add any other useful comments about your expectations, interests and skills that could help us to choose an appropriate project for you!

Volunteer's name and signature:



WELCOME TO MEXICO

BIENVENIDO A MÉXICO

WE ARE LOOKING
FORWARD
TO SEE YOU
ON THE PROJECT THAT
BEST FITS YOU!

